# myAirCoach Test Campaigns

MY AIR COACH
PREDICTIVE SELF-MANAGEMENT OF ASTHMA

allergy test

FeNO

spirometry reversibility test

environmental data

inhaler usage

respiratory rate

activity level

breath temperature

Measurements will be obtained through clinical tests and mobile health and home monitoring systems

1

**Start of the Quantification Campaign** October 2016

**150 asthma patients aged+18**

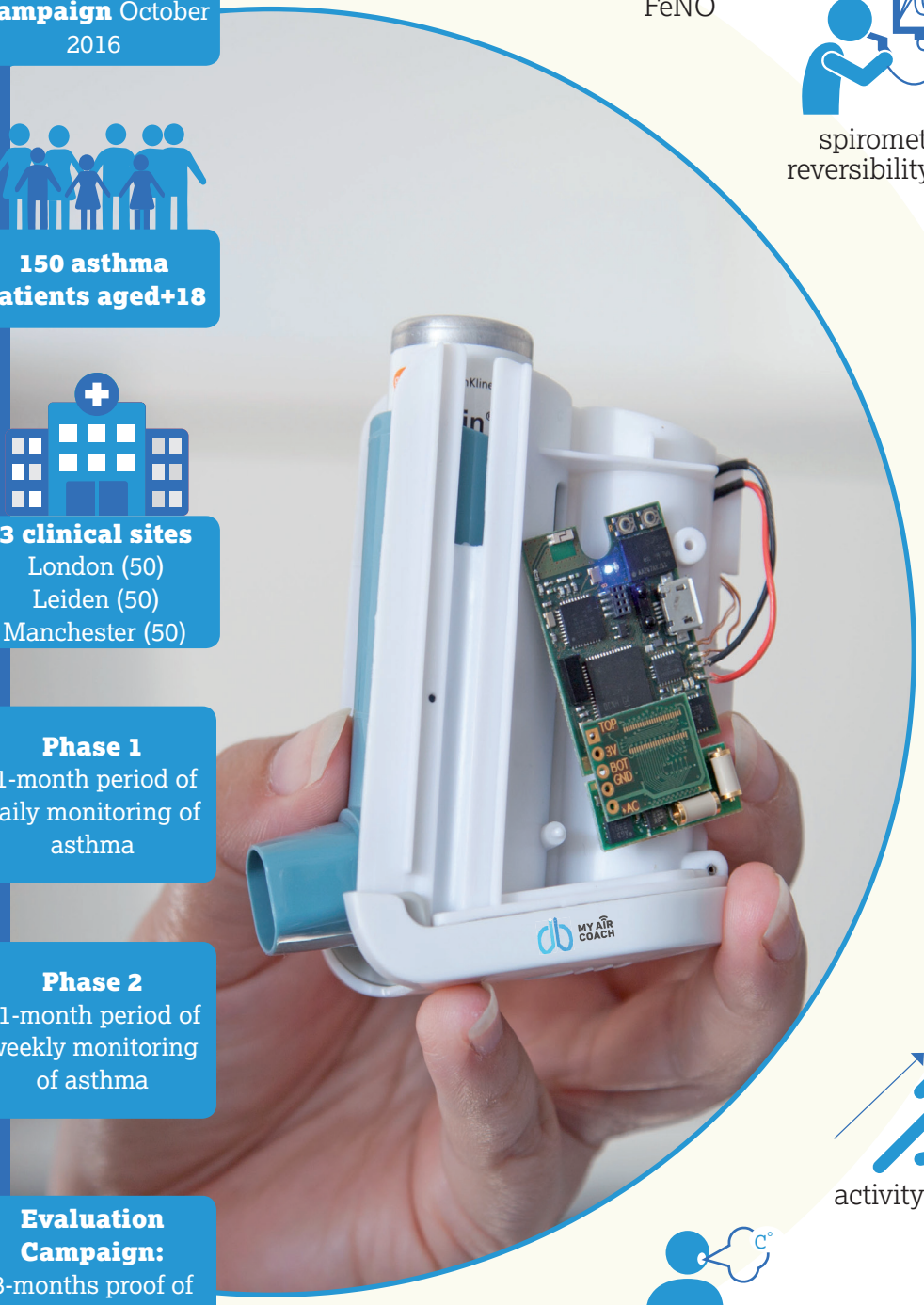
**3 clinical sites**
London (50)
Leiden (50)
Manchester (50)

**Phase 1**
1-month period of daily monitoring of asthma

**Phase 2**
11-month period of weekly monitoring of asthma

2

**Evaluation Campaign:**
3-months proof of concept with 75 patients




CERTH CENTRE FOR RESEARCH & TECHNOLOGY HELLAS
LUMC LEIDEN UNIVERSITY MEDICAL CENTER
EFA European Federation of Allergy and Airways Diseases Patients' Associations
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